

INVISALIGN WITH all about teeth

INFORMATION GUIDE

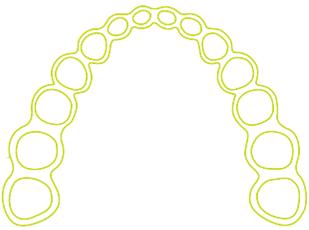
Discover what Invisalign treatment can do and how it will work for you. Find out what living with clear aligners is like and how minimally intrusive this treatment can be to your everyday life compared to traditional wire braces.



SO, WHAT IS INVISALIGN ?	3
HOW DOES THE INVISALIGN SYSTEM WORK?	4
CONCERNS WITH INVISALIGN ?	5
WHAT ARE THE BIGGEST ADVANTAGES OF INVISALIGN TREATMENT ?	6
CAN MY TEETH BE STRAIGHTENED WITH INVISALIGN ?	7
WHY CHOOSE ALL ABOUT TEETH FOR YOUR INVISALIGN TREATMENT ?	8

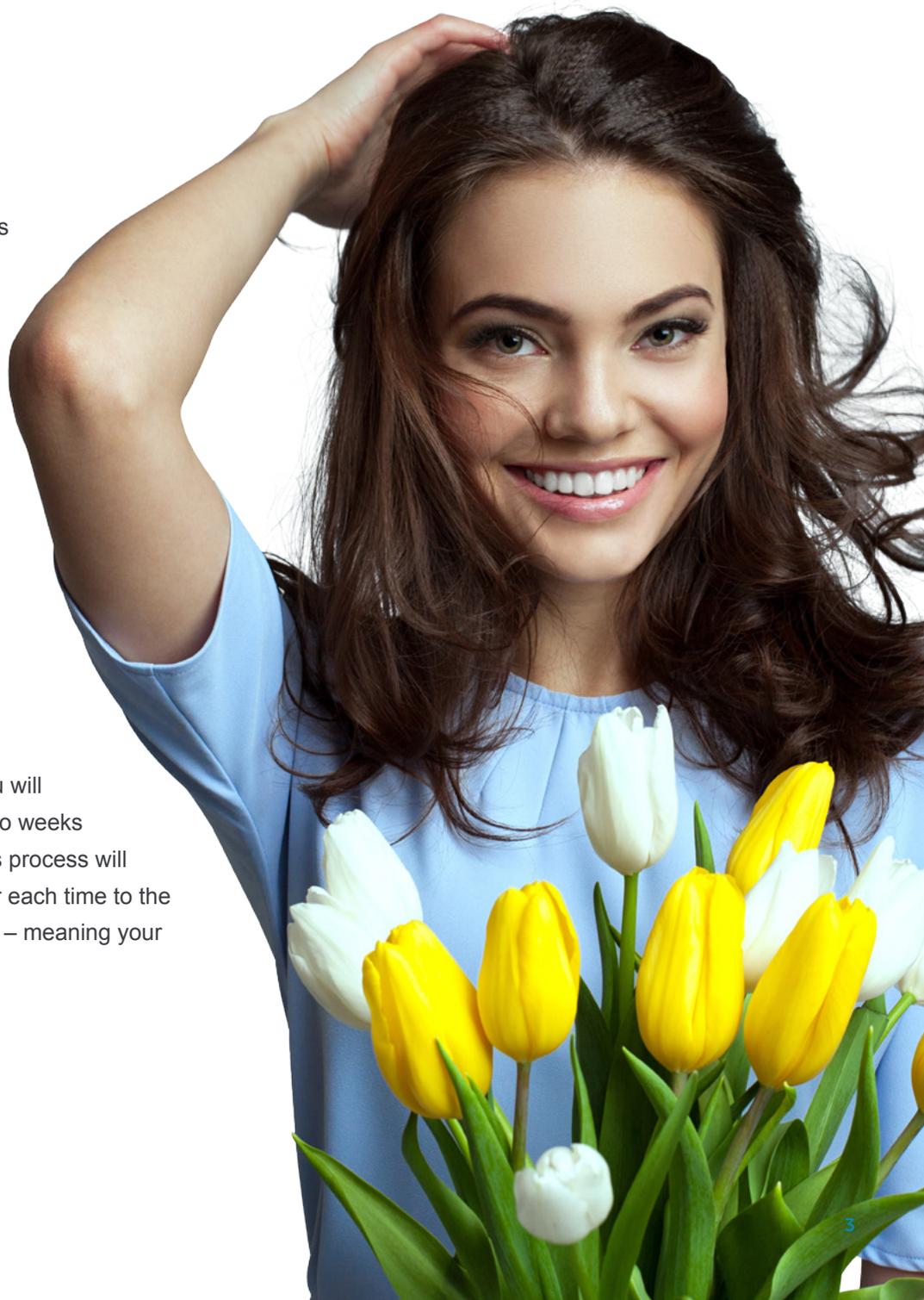
So, what is Invisalign?

If you dream of a straighter smile but don't want to go through traditional orthodontic treatment, Invisalign may be the option for you.



Invisalign clear aligners are the braces of the future – they straighten your teeth without the hefty wires traditional braces use. With Invisalign being virtually invisible – hence the name – it is often a top choice of treatment when teens, adults and professionals dream of aligning their teeth.

The Invisalign treatment includes a series of custom-made clear aligners made for you and your unique smile. These are clear plastic trays which apply gentle pressure to slowly move your teeth. During your treatment, you will wear each set of aligners for about two weeks before you switch to the next set. This process will gradually shift your teeth a little closer each time to the position that your dentist has planned – meaning your compliance is imperative.



How does the Invisalign system work?



Step 1

Initially, your Invisalign-trained dentist will take photos, X-rays, and digital scans or a dental impression to help create your treatment plan.



Step 2

The laboratory in which your Invisalign clear aligners will be fabricated use these records, along with the treatment prescribed by your dentist to create a customised 3D treatment plan just for you.



Step 3

The customised aligners will be manufactured and shipped to your doctor's office.



Step 4

Your series of custom-made aligners will be given to you (typically 3-4 sets at a time) for you to wear every day and change them at home every two weeks.



Step 5

You'll be visiting your Invisalign-trained doctor approximately every 6-8 weeks to monitor the progress of your treatment and receive the next series of aligners.



Step 6

After you've finished your Invisalign aligner treatment, you may need to use retainers to help make sure the new position of your teeth is maintained.



Concerns with Invisalign?

Q. Can I eat with my aligners in?

A. The Invisalign aligners are extremely easy to put in place and remove. Meaning you can eat the same foods as before treatment - unlike traditional braces.

Q. Will the Invisalign treatment hurt?

A. Most patients may feel pressure when starting with the first few Invisalign aligners. However, Invisalign is known to generate less pain than traditional braces.

Q. Can I drink coffee, tea or other staining beverages?

A. Your aligners can easily be taken out; this eases the process of maintaining the correct oral hygiene after drinking beverages that could stain your teeth.

Q. Will Invisalign affect my speech?

A. Like all orthodontic appliances, it can be affected. However, once you are used to the aligners, your speech should not be affected.



What are the biggest advantages of Invisalign treatment?

See what it's like living with the Invisalign System and how it fits into your life.



With Invisalign, it's easy to make your smile picture perfect for that special occasion.



The Invisalign aligners are made of a clear plastic material that blends seamlessly into your smile to appear virtually invisible, which means you can be yourself and don't have to hide your smile while going through treatment.



Invisalign treatment appointments work with your schedule. Most visits are in-and-out, with a quick progress check once every 6-8 weeks.



Craving a snack? No problem. Since Invisalign clear aligners are removable, you have the freedom to eat, chew and drink whatever you like.



Lead an active lifestyle? The technology behind Invisalign has been highly developed to help ensure that the aligners are comfortable and glide over your teeth into position with ease, without having to worry about sharp brackets cutting your mouth.



Oral hygiene is a lot easier to keep up as Invisalign clear aligners are removable, letting you brush and floss your teeth regularly.

Important to note:

As Invisalign is removable, it's important that you wear it as often as possible. The recommended treatment time is twenty-two hours per day to get the best results and to be ready for your next aligner. This means that you should only remove your aligners to eat and then clean and replace them once you're finished.

Can my teeth be straightened with Invisalign?

To achieve the best results, the perfect candidate for Invisalign treatment shouldn't have large malocclusions or teeth that are rounded, rotated or need vertical movement. If your dentist or orthodontist has mentioned that these apply to you, you may need to look at alternative orthodontic options.

The below images show perfect candidates for Invisalign treatment.



Overcrowded teeth

This occurs when there is a lack of room within your jaw for all of your teeth to fit properly.



Overbite

This occurs when the upper teeth bite over the lower teeth.



Widely spaced teeth

Widely spaced teeth The opposite of overcrowded teeth, widely spaced teeth occur when you have extra space within your jaw due to small-sized teeth, abnormal growth of the jawbone, genetics, missing teeth, and/or tongue protrusion.



Underbite

The opposite of overbite, underbite occurs when the lower teeth protrude past the upper front teeth.



Crossbite

This occurs when the upper and lower jaws are misaligned.

Why choose All About Teeth for your Invisalign treatment?

We want to educate, explain and provide customised options for each and every patient with different budgets, advantages and disadvantages.

There is a vast array of treatment procedures available to rebuild or rejuvenate your smile. From a simple tooth whitening procedure through to a full restorative treatment to replace missing teeth. We can help you achieve your beautiful smile for life.

You are involved in your care

At All About teeth we work with you to educate and inform you of all aspects of your dental treatments before we begin. This ensures you, and our team are on the same page.

Our two conveniently located practice are right where you need them

All About Teeth are located in Townsville and Ayr in Northern QLD and have been caring for the community since early 2008.

Townsville

(07) 4771 2244

townsville@allaboutteeth.com.au

107 Boundary Street Townsvile, QLD 4810

Ayr

(07) 47783 1011

ayr@allaboutteeth.com.au

187 Queen Street Ary, QLD 4807